

# ST TERESA'S EFFINGHAM

## APPLICATION FOR AN 11+ SPORTS SCHOLARSHIP

(Information for parents of candidates)

A practical assessment will take place at St Teresa's Senior School on

**Friday 14<sup>th</sup> November 2025**

**from 9.00am to 3.30pm (to include lunch)**

Sports Scholarships may be awarded to candidates who have a proven high level of sporting ability and potential. Candidates should apply for a General Sports Scholarship if they demonstrate a high standard in two or more sports; **which must include at least one of our main school sports of hockey, netball or swimming**. Specific Sports Scholarships may be applied for if the candidate has reached an exceptional standard in one sport specifically. Please note we will only consider specific sport scholarships in the following sports: Netball, Hockey, Swimming, Cricket or Athletics/Cross Country. Candidates who have reached an exceptional standard in a sport not listed should email the Director of Sport on [pe@st-teresas.com](mailto:pe@st-teresas.com) for further guidance. Tennis and Equestrian scholarships should be applied for separately to our Tennis Academy or Equestrian Centre.

Candidates will be practically assessed on the day with a number of aspects being taken into consideration; fundamental movement skills, spatial awareness, decision making, application of appropriate skills in pressured situations and, physiological testing. All candidates will be assessed in hockey, netball, swimming and cricket and, will be fitness tested with our S&C specialists, including those who have applied for a specific scholarship. Candidates will also have informal discussions throughout the day with the Director of Sport and the relevant Heads of Sport.

If awarded a Sports Scholarship at St Teresa's, candidates are expected to progress in their chosen sport(s), represent and prioritise the school in competitions, be role models and play a full role in developing sport at St Teresa's. We also expect a full commitment to the Sports Scholarship programme which is designed to inspire, educate, evolve and develop the scholars.

Sports scholars at St Teresa's are performers who have a genuine desire, work ethic and belief in sporting excellence. The key characteristics of a sports scholar should encompass the following attributes; attitude, ambition, communication, leadership and organisation.

The Department reserves the right not to award scholarships in a particular year. Girls will be eligible for scholarship examination/interview only if they are committed/firm candidates for the Senior School. Scholarships are subject to review and may be withdrawn if the scholar fails to meet the required standard or level of commitment. A major review will take place at the end of Year 8 and Year 11. Please be advised that we are unable to give feedback on unsuccessful scholarship applications.

**PTO**

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Each candidate is required to submit the following pieces of information to Mrs Charles **by 1<sup>st</sup> November 2025**.

1. A4 page letter of application from the candidate to include the following:

- a) How long the candidate has been participating in her chosen sport/sports
- b) School/Club/County/level of participation and individual times if applicable eg swimming
- c) Participation in National School Competitions eg: IAPS, Biathlon, In2Hockey
- d) Positions of responsibility held (e.g. captain)
- e) Other interests (sporting or otherwise)
- f) The candidate's reason for choosing St Teresa's and their greatest sporting achievements
- g) Any further relevant information to support the candidate's application

2. A letter of reference from a PE teacher including information regarding their commitment, attendance, effort, adaptability, coach-ability and any injuries they have sustained. **This is not relevant for St Teresa's Prep candidates.**

3. A letter of reference from an external club coach, if appropriate, including information on their strengths and weaknesses as well as recent time records if applicable.

Please complete the application form informing us whether your daughter wishes to apply for a General Sports Scholarship or a Specific Sports Scholarship (please name the sport)

**PLEASE DO NOT SEND IN CUPS/CERTIFICATES/PHOTOGRAPHS/CLIPS.**

**Parents should retain this form.**